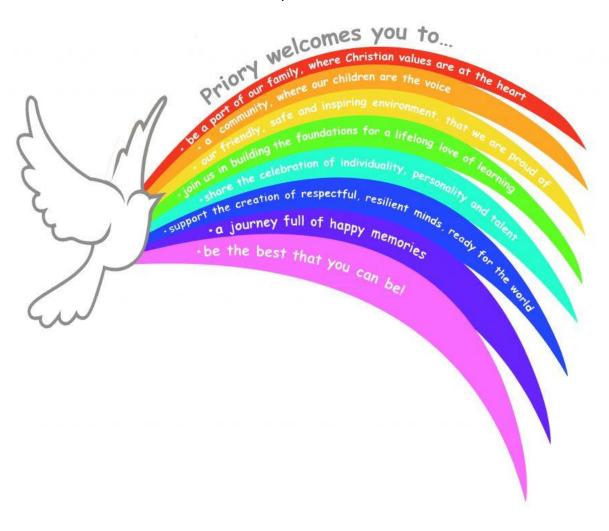


Our Christian character, along with Spiritual, Moral, Social and Cultural development (SMSC), British Values and Rights Respecting School (RRS) are at the heart of all we do. We pride ourselves on our ethos which celebrates individuality, personality and talent and supports the creation of respectful, resilient minds, ready for the world.



What is PE at Priory?

We at Priory will help you:

'To develop your physical potential, to help you to be 'the best that you can be' and to help you to prepare for the future, living a healthy, active life, in accordance to our school rights.'

The Government has provided additional funding for schools, since 2013, to improve the quality



of PE and sport they offer. This funding is jointly provided by the Departments for Education, Health and Culture, Media and Sport. This year the sum has been doubled and the Sugar Tax is also used to add to school funding. Priory receives £16,000 plus an additional £10 per pupil in Year 1 to Year 6. Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer, to help to create future citizens who are more informed about living a healthy lifestyle.

This means that we use our Sports Premium to:

- develop or add to the PE and sport activities that our school already offers
- make improvements now that will benefit future Priory pupils

Click <u>here</u> for the Department for Education link to the Primary School's Sport Funding page.



We aim for you:

- To participate in high quality PE sessions
- To develop positive attitudes towards Physical Activity (PA)
 - To learn how Physical Activity affects the body
- To develop and explore physical skills with increasing control
 - To apply skills in a range of competition style scenarios
 - To feel included and challenged

Where Do We Change?

- Your own classrooms
- Year 5 and 6 use changing rooms

What Do We Wear for PE?

- Y1-6 Team colored T-shirts
- Reception- White T-shirts
- Black or Navy PE shorts
- Pumps or trainers
- All jewellery must be removed
- Long hair must be tied back
- For swimming, an appropriate swimming costume and cap are needed
- Permission slips are needed for goggles.







What Subjects Will Be A part of My Physical Education (PE)?

PE						
Year	Autumn		Spring		Summer	
1	Fitzy basic movements Using Fitzy planning		Dance/Gym	Dance/Gym	Basic ball skills	Dance /Gym
2	Dance/ gym	Games/ dance	Games / gym	gym/ dance	Swimming & Athletics	Swimming & Athletics.
3	Dance & Hockey	Gymnastics & Outdoor invasion games.	Swimming & football	Swimming & net and wall	Athletics/ cricket and Rounders	Rounders/ Athletics
4	Invasion games – Basketball/ circuit training	Gymnastics/ Dance	Swimming circuit training	Swimming and hockey	Athletics & dance	Athletics & Cricket/ Rounders
5	Swimming & Dance	Swimming & invasion?	Gym/ net and wall	Outdoor orienteering/ invasion?	Athletics & Swimming	Athletics & Swimming
6	Invasion games- hockey & Swimming Outdoor orienteering/ invasion	Gymnastics & Swimming	Netball/hockey circuit training	Circuit training	Athletics & dance	Athletics / striking and fielding

What Will I learn in Foundation Stage?

- To develop confidence and control in the way we move
- To take part in physical challenge, both indoors and out





How Often Do We Have PE?

 Each class has PE two hours per week, taking part in both Physical Activity (PA) and learning key information to help them with their Physical Education (PE).

Can I Represent Priory?

Throughout your time at Priory you can represent the school in lots of different School Sports (SS) both in, and outside of school.

In school, you can represent the school in the following School Sports (SS):

- Sports day- you can represent your team colour
- At the end of each half term you will have a competition based on what you have been taught

Against other schools across the city, in events such as:

- Football
- Rugby
- Netball
- Athletics
- Cross-Country

